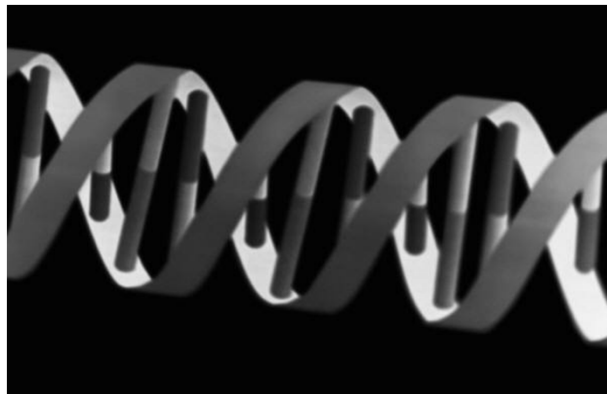


Physical, Psychological, Spiritual Dimensions of Relationships

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Let's get physical...

- It starts with your DNA



Some of the basics

- Testosterone
- Estrogen
- Dopamine
- Vasopressin

Don't forget cortisol



Psychological issues...

- FOO
- Mental health
- The Big three
 - 1.
 - 2.
 - 3.

The spiritual dimension of relationships

- Acting on purpose
- Values-focused living versus feeling-focused living
- Shared meaning/shared passion